



Camp Cormorant 2018

Dear Parents & Guardians

Welcome to Camp Cormorant! This is my sixth year as Camp Coordinator of Camp Cormorant and I am so excited to meet your child as we start a great adventure together! Camp Cormorant is about making new friends and sharing good times with old friends. We are happy to have your child with us this summer and look forward to a fabulous camp season!

Our guiding principles include:

- Campers come first. They are the focus of everything we do.
- Quality and high standards are paramount. This is apparent in our conduct and risk management with every aspect of camp. We also expect a lot from our campers.
- Teamwork, respect for each other and participation are important elements of values in every Cormorant experience.
- We want to provide an opportunity for campers to accept responsibility, exert leadership, and to serve others.
- And our main goal: To laugh, sing and have fun!

This positive environment is created through a large variety of age-appropriate activities, well-trained staff and quality program and services.

Enclosed you will find these forms that need to be filled out:

- *Camper Code of Conduct/Bullying
- *Health History Form
- *Medical Permission Form
- *Waiver Form
- *Child Enrollment Form
- *Summer Food Service Program-Household Income Statement
- *Special Diet Statement for Campers **without** a disability

Please read all information and follow all instructions on the forms. All forms must be brought to camp and turned in at the time of registration. Please do not mail the forms to the YMCA. If you have further questions please call Dee Jones at Fercho YMCA; 218-359-2326 or email dee.jones@ymcacassclay.org.

We at Camp Cormorant look forward to meeting you and your child this summer!

Happy Camping,
Kim Belgarde
Camp Coordinator

What to Bring to Camp

This is merely a suggested guide and not an absolute list. It is strongly recommended that campers have rain gear and something warm to wear.

- sleeping bag/bedding/sheets/pillow
- shampoo/conditioner/brush/comb
- towels-swimming and showering
- wash cloth/soap
- toothbrush/toothpaste
- pajamas
- underwear
- sweats/wind pants
- light/warm jacket
- socks
- sweatshirt
- swimming suit
- comfortable shoes
- rain coat
- jeans/long pants (need for horseback riding)
- tennis shoes (need horseback riding & ropes course)
- flashlight
- mosquito spray/lotion
- white shirt for tye dying (we will have them in the store to purchase too.)

Please label all items with the campers first and last name. This will help alleviate lost and unclaimed items.

NOT ALLOWED AT CAMP!

- * cell phones
- * iPads or E Readers
- * tobacco in any form
- * any expensive items you wish not to lose-jewelry, toys, etc.
- * alcohol or illegal drugs
- * weapons or any sort

Lost & Found

Camp is not responsible for any lost, stolen or broken items. Lost and found items with campers name on them will be brought back to the Fercho YMCA in Fargo the Wednesday following each session. **Any unlabeled items will be discarded immediately.** We will no keep any personal care items such as brushes, combs, toothpaste, etc. One week following that, unclaimed items will be donated to charity.

Camper check in

It is very important that you arrive at camp check at the designated time listed below for your camper. Please bring all completed forms to check in.

All camper check in times are Sundays and are staggered to help elevate long lines.

4-4:30pm if your last name begins with A-F

4:30-5pm if your last name begins with G-N

5-5:30pm if your last name begins with O-Z

If you need special arrangements made for the other times please contact Kim Belgarde 701-364-6582.

Family Camp check in is on Friday at 7:00pm.

At check in, we will check over all your paperwork. You will visit with the Health Officer to check in medications (prescribed and non-prescribed) and we will **privately check your child's temperature and screen for head lice.** Your child will be assigned a cabin. You will be able to walk your child to their cabin and meet your child's counselor. We encourage you to take a look around our beautiful camp, meet the staff that your child will spend the week with and also check out the camp store.

Camper pick up

- Camper pick up is Friday 3:00pm-4:00pm. Check out could take ½ hour to an hour.
- Please check out the lost and found table, collect any medications that need to be brought home.
- The camp store will be open for any last minute shopping.

Camp payments

The balance of camp should be **paid 2 weeks prior to attending camp.**

Failure to make the final payment on time could result in your child losing their spot at camp. You can pay your balance by calling the YMCA 701-293-9622 to pay by credit card or mail payment to the YMCA.

Make checks payable to the YMCA and mail to:

YMCA of Cass and Clay Counties

Attn: Dee

400 1 Ave S Fargo ND 58103

Camp forms

Please read the instructions on the enclosed camp forms. Be sure they are complete before arriving at camp. This will save you time at check in. We do not save forms from previous years. Please keep all medications in the original containers with the name and the instructions on the label. All forms received in this packet will be collected at the time of check in at camp. Do not mail them to the YMCA.

Food Program forms (total of 2 forms); Camp Cormorant receives federal assistance to serve healthy meals to your child/children. Meals served at camp must meet nutrition requirements established by USDA's CACFP. In order to participate in the Federal Food Program we must follow their guidelines

1. Summer Food Service Program-Household Statement-must be **filled out only if** you meet the income guidelines shown on the form or if any family member participates in **MFIP, SNAP, FDPIR or if one or more children in the household are foster children that are placed by a court or the state child welfare agency.**
2. Special Diet Statement for participants without a disability (for children without a medically certified as having a special diet)-must be filled out by parent and signed by a physician. No special diet will be given to a child without this form

***If you have the Special Diet Statement form on file at your elementary school or child care provider, you can get a copy from them and bring it to camp.

Injuries and Illness

If your child becomes ill or injured while at camp, we will notify you as soon as possible. Depending on the severity of the injury or illness, we may transport your child or have your child transported by ambulance to the hospital. When you register your child for camp, you are giving permission for emergency medical and dental care for your child at your expense. Care may be given under whatever conditions are necessary to preserve life, limb or the well-being of your child. You will give the YMCA permission to transport you child at your expense as necessary in the case of emergency.

We will not contact parents if the child is homesick. We have strategies in place to help the children and this is a normal part of a camp experience for some children. We will contact you if the situation becomes extreme.

Camper Mail

Camp care packages are welcome and a good way to make a camper feel comfortable at camp. Some items that you can put in a care package would be stickers, puzzle books etc. Every camper loves to get mail. Campers also like to send letters home as well. Sending pre-addressed stamped envelopes with your child is very helpful. We do sell stamps at the camp store.

Please keep all letters upbeat and stay away from topics that may cause your child stress or anxiety. Mailing a letter or package before the start of your child's session will ensure that they will receive it while they are at camp. You could also bring your letter or package to camp check in and we will disperse it on a daily basis. Unfortunately, we cannot be responsible for lost or misplaced packages due to the nature of camp life.

Mail to:

YMCA Camp Cormorant

Attn: campers name and cabin number if you know it

14563 YMCA Lane

Lake Park MN 56554

Visiting Camp

Camp Cormorant welcomes parents to visit the camp grounds on the day of drop off or pick up. Due to the safety of camper and staff, we do ask that parents and relatives refrain from visiting their child during camp. Visitors at camp may also be distracting to other campers and cause home sickness. Please contact us if you would like to visit camp prior to the child's camp stay so you feel comfortable with their stay.

Calling Camp

Campers do not have phone access in the normal course of events. Campers may not bring their cell phones to camp. A camp staff will contact you in the event of an emergency or other situation.

Due to the number of campers, it is very difficult to "check and see" how a child is doing. But we are always available for phone calls and we will get back to you as soon as we can. Call the camp cell phone for emergencies as the other phones are not manned at all times.

If you want to try and get a glimpse of your child at camp, check out our Facebook page as we upload pictures throughout the week.

Camp Store/Cabin Photos

Every day at camp, campers are allowed access to the camp store. Money is deposited in to the store account during check in at camp. Campers should not carry money with them.

Store items will include things like bottled water, Gatorade, candy and some healthy snacks. Other items include t-shirts, hats, sweatshirts, sweatpants, postage stamps etc.

We recommend putting \$40 into the campers store account. This will include a camp photo which will be handed out to your camper before they leave camp on Friday.

Campers are allowed to spend no more than \$4/day at the camp store. Most items will cost \$1-\$3. We encourage you to shop for clothing items at the time of check in or check out. By doing this, we hope to elevate clothing items being left at camp or misplaced.

***Any unspent money in the camp store will not be refunded.**

If a camper leaves early, store refunds must be picked up at the time you leave camp. No refunds will be mailed out.

Physical address of camp:

YMCA Camp Cormorant

14563 YMCA Lane

Lake Park MN 56554

Website: www.campcormorant.org

Camp cell 701-367-6582 Kim Belgarde (used only if your child is at camp).

Camp Cormorant Facebook: We will be posting pictures during the week for you to get a glimpse of the fun that your child is having at camp. We will not respond to messages left on Facebook. Please call the following numbers.

Camp registration information call YMCA 701-293-9622 or Dee Jones 218-359-2326 or dee.jones@ymcacassclay.org.