

## YMCA Camp Cormorant Health History

Please bring all camp forms with your child to camp. Payment must be made at the YMCA 2 weeks before camp. This form to be filled in by parents/guardian of minors each year. This information is gathered to assist in identifying appropriate care for your camper.

Camper Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Session: \_\_\_\_\_  
Address: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: M F  
Primary Parent/Guardian: \_\_\_\_\_ Phone: \_\_\_\_\_  
Home Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Business Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Secondary Parent/Guardian: \_\_\_\_\_ Phone: \_\_\_\_\_  
Home Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Business Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
If not available in an emergency, notify:  
Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

### Health History:

Does your child have/had any of the following? If so, please explain and *give approximate dates*.

- |   |  |
|---|--|
| <input type="checkbox"/> Hospitalized/had surgery                     | <input type="checkbox"/> Skin problems                       |
| <input type="checkbox"/> Medically prescribed activity restrictions   | <input type="checkbox"/> Eating disorders                    |
| <input type="checkbox"/> Wear glasses/contact lenses                  | <input type="checkbox"/> Food allergies                      |
| <input type="checkbox"/> Recurrent/chronic illnesses                  | <input type="checkbox"/> Sleep disorders                     |
| <input type="checkbox"/> Recent injury, illness or infectious disease | <input type="checkbox"/> History of bed wetting              |
| <input type="checkbox"/> Passed out/had chest pain during exercise    | <input type="checkbox"/> Diabetes                            |
| <input type="checkbox"/> Asthma/wheezing/shortness of breath          | <input type="checkbox"/> Frequent ear infections             |
| <input type="checkbox"/> Hypertension                                 | <input type="checkbox"/> Back/joint problems                 |
| <input type="checkbox"/> Bleeding/Clotting Disorders                  | <input type="checkbox"/> Problems with diarrhea/constipation |
| <input type="checkbox"/> Seizures                                     | <input type="checkbox"/> other                               |
| <input type="checkbox"/> Frequent headaches                           |  |
| <input type="checkbox"/> Fainting/dizziness                           |  |
| <input type="checkbox"/> Epilepsy                                     |  |

Explain answers from above: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Any specific activities to be encouraged or limited by physician's advice: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Dietary Modifications: \_\_\_\_\_

Other allergies (explain): \_\_\_\_\_

Date of last physical examination: \_\_\_\_\_ Date of last tetanus shot: \_\_\_\_\_

(For Female): Has this person menstruated?      yes    no  
If yes, is her menstrual history normal? \_\_\_\_\_ If not, has she been told about it? \_\_\_\_\_

Special Consideration: \_\_\_\_\_

**Mental & Emotional Health History: circle all that apply and explain.**

Camper has been diagnosed with Attention Deficit Disorder (ADD or AD/HD).	yes	no
Camper has psychiatric diagnosis such a depression, OCD, panic/anxiety disorder.	yes	no
Camper has an emotional health concern. Explain _____	yes	no
Camper has a learning disability. Explain _____	yes	no
Camper has a developmental disorder, such as Asperger’s or Autism. Explain _____	yes	no
Camper is receiving specialized services from their school district, such as speech therapy. Explain _____	yes	no
Camper has been or is currently seeing a professional to address mental/emotional health concerns. Explain _____	yes	no
Camper has had a significant life event that continues to affect the camper’s life/health. Explain _____	yes	no

Name of dentist/orthodontist: \_\_\_\_\_ Phone: \_\_\_\_\_

Name of family physician: \_\_\_\_\_ Phone: \_\_\_\_\_

**DO YOU CARRY FAMILY MEDICAL INSURANCE?**      Yes      No.

IF SO, INDICATE

**Primary Insurance**

Member Name: \_\_\_\_\_ Carrier Name: \_\_\_\_\_

Policy or Group ID #: \_\_\_\_\_

**Secondary Insurance**

Member Name: \_\_\_\_\_ Carrier Name: \_\_\_\_\_

Policy or Group ID #: \_\_\_\_\_

**Important-This Box Must be completed for Attendance**

This health history is correct so far as I know, and the person herein described has permission to engage in all prescribed camp activities except as noted. I am attesting that all immunizations are current and up to date. I give permission for camp staff to give/apply over the counter medications listed on back side of this form. **Emergency Authorization:** I authorize the YMCA staff to give reasonable first aid and to transport my child to a health care facility for emergency services as needed. This form may be photocopied for use out of camp. I agree to the release of any records necessary for treatment, referral, billing, or insurance purposes. The YMCA receives medical information on campers/participants that may need to be shared with medical providers.

Signature of parent/guardian or adult camper/staff: \_\_\_\_\_ Date: \_\_\_\_\_